



TRINITY EPISCOPAL CRURCH
30205 East Jefferson Avenue
StClair Shores Michigan 48082
Phone: 586-294-0740
Email: trinityscsmi@gmail.com
Website: trinityscsmi.com
 Rev. Shirley McWhorter - Attending Priest



TRINITY TRUMPET

Vol. 10: Issue 07: July 2024

" OUR MISSION IS TO LIVE BY FAITH, BE KNOWN BY LOVE AND TO BE A BEACON OF HOPE TO THE WORLD THROUGH THE LIFE CHANGING POWER OF JESUS CHRIST "

DO RELIGIOUS PEOPLE LIVE LONGER?

IF A LONG LIFE IS WHAT YOU'RE AFTER

going to church may be the answer to your prayers.

A number of studies have shown associations between attending religious services and living a long time. One of the most comprehensive studies, published in *JAMA Internal Medicine* in 2016, found that people who went to any kind of religious service more than once a week had a 33% lower chance than their secular peers of dying during the 16-year study-follow-up period. Another study, published last year in *PLOS One*, found that regular service attendance was linked to reductions in the body's stress responses and even in mortality so much so that worshippers were 55% less likely to die during the up to 18 year follow-up period than people who didn't frequent the temple, church or mosque.

You don't have to become a nun to get these health benefits, however. The simple act of congregating with a like minded community might deserve much of the credit. Tyler VanderWeele, one of the authors of the *JAMA* study and a professor of epidemiology at the Harvard T.H. Chan School of Public Health, says factors related to church going like having a network of social support, an optimistic attitude, better self-control and a sense of purpose in life may account for the long-life benefits seen in his

study and others.

Public Health, says factors related to church going-like having a network of social support, an optimistic attitude, better self-control and a sense of purpose in life may account for the long-life benefits seen in his study and others.

"Having that sense that you're not in the world alone, that you are part of a power larger than oneself, can give one confidence to deal with the issues of life," Bruce says. "Biologically, if that reduces stress, then that means you're less likely to have high blood pressure or diabetes or things that can increase mortality?"

BUT PRAYER HAS BEEN SHOWN to be powerful, in at least one-way. It triggers the relaxation response, a state of mind-body rest that has been shown to decrease stress, heart rate and blood pressure; alleviate chronic disease symptoms; and can even change gene expression. This state is typically linked to activities like meditation, and yoga. Research suggests;

It can also be found through praying.

SCRIPTURE FOR THOUGHT!

Be strong and of a good courage, fear not, nor be afraid of them: For thy Lord thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee. --- Deuteronomy 31:6



PLEASE REMEMBER TO KEEP IN YOUR PRAYERS:

Cindy, Connie, Cynthia, Dennis, Derek, Esmee, Gary, Joan, Jaxon, John K., Kristen & family, Maddie, Margot, Paul, Reatone, Roger M., Ryland, Sue, Tom, Tracy and Vicki and Zachary.

If you would like to add someone leave a message at 586-294-0740, or email hmm@flash.net, Vince will make sure they are listed.

DAYS CELEBRATED IN JULY AND AUGUST

Thursday July 4th: INDEPENDENCE DAY: Our Declaration of Independence was adopted on July 4, 1776, by the Continental Congress declaring that the Thirteen American Colonies regarded themselves as a new nation, the " **United States of America**".

Our CONSTITUTION, is the Supreme Law of our c_ otherwise, but not those who fought and died for it.

Monday July 22nd: Saint Mary magdalene Day

Friday July 26th: James the Apostle Day

Saturday July 27th: Korean War Vets Remembrance Day THANKS VETS!

Sunday August 4th: U.S. Coast Guard Day.

Tuesday August 6th: Transfiguration of our Lord Jesus Christ.

Thursday August 15th: Saint Mary the Virgin, Mother of Jesus Day

Sunday August 18th: National Citizen's Day

ANNOUNCEMENTS:

JULY BIRTHDAYS:

14th -Vivian Matthew, 16th Kara Buchholz, 25th Darlene Angus, 29th - Annette Poterek

AUGUST BIRTHDAYS:

9th-Tom Scott, 24th-Pamela Grockau, 27th-Mary Rose DeFalco and 28th - Bob Markus,

AUGUST ANNIVERSARIES:

18th - Peter & Helen Sprecher, 25th - Kent & Pamela Grockau

OBITUARIES:

It is with deep sadness that we announce the death of Phylis Wood. Phylis died peacefully on June 01, 2024. She was one of the Trinity old timers. She served on the Altar Guild as well as on several other Church actives and committees. She had many friends here and will be greatly missed by all. She now resides in her heavenly home with God. Our prayers go out to her surviving family and friends.

In Loving Memory of

Phylis Wood



October 22, 1927 - June 1, 2024

A NIGHT AT THE OPERA:

The M-O-A-S-T, **M**embers' **O**pera **A**ttending **S**ociety of **T**rinity - (I just made that up), enjoyed a wonderful mixed performance of the Detroit Opera Theater Company on the evening of June 15th, at the Anton Art Center in downtown Mt. Clemens. As part of the Juneteenth Celebration we were treated to musical selections from Porgy & Bess (Summertime, It Ain't Necessarily So, I Got Plenty of Nuttin'), arias from a few operas, and some spirituals for an hour long performance. The soprano, tenor and baritone thrilled us with their voices and even though we couldn't understand the Italian, French and German arias, we could understand the meaning of the music thanks to the expressive faces and voices of the performers. This should be an annual event at Anton, so think about joining us next year. MOAST membership is open to all!

There is always something going on at the Anton Art Center, 125 Macomb Place, Mt. Clemens: exhibits, special events (at the center and throughout the community), classes and the gift shop known as the Artists Market where all items are locally made and prices are reasonable for unique items. Admission is free. The Anton is open Tuesday thru Saturday from 10 am — 5pm. Go to theartcenter.org or see Connie for more information.

TRINITY'S ANNUAL BOOT/RUMMAGE SALE:

On Friday, September 20th and Saturday September 21st, we will be holding our annual "Boot Sale" and Bake Sale. There will be hot dogs, potato chips and soda pop offered for sale. We need your slightly used, but still in good condition, donations for the sale. So start collecting all your unwanted. **WE NEED THEM.**

Please let Pam Harding know when you would like to setup a drop off. We will make arrangements to assist you. A big Trinity *THANK YOU* to all who make donations and to the Trinity Volunteers who work so tirelessly setting up and selling. We usually collect Hundreds of dollars. All the proceeds will be used for Trinity's outreach programs. Not one dime is used by the committee. **IF YOU DON'T NEED IT, WE DO!**

We also need help setting up, selling and cleaning up. Let Pam Harding know if you can help us.

SCHOOL BACKPACK and SUPPLIES: July 8th - August 18th

Throughout the months of July and August we will once again be accepting donations for backpacks and school supplies. We will have a box in the lobby that we hope will overflow. At the end of August, we will load the backpacks with all the collected supplies and distribute them to a local elementary School.

TIGER BALLGAME: July or August;

This year's ballgame still has to be finalized. You will be advised as to the exact date and time.

CHRISTEN EDUCATION PROGRAMS:

WEDNESDAY NIGHT BIBLE STUDY:

If you would like to revisit several of your friends and fellow parishioners, join us for an hour of religious study and fellowship. Rev. Shirley and Gary are regular and would love to have you join us. The study starts at 7:00pm and ends at 8:00pm. If you would like to join us, (and we hope you do), please leave a message **at 586-294-0740, or email hmm@flash.net, Vince will** put you in touch with the Bible Study leader. Pam will send you the necessary link. It's that simple.

CONGREGATION LIFE EVENTS:

!! COFFEE HOUR !!

Every Sunday, except after Morning prayer, we provide a coffee hour for your enjoyment. Join your church family, in parish hall, for some light refreshments and fellowship. Sign up to take your turn to host a Coffee Hour. The sign up sheet is on the bulletin board. Trust me, you don't have to be the Host or Hostess, with the mostest. Store bought refreshments are welcome as are home made treats. Making the coffee and hot water, for tea, is a snap there is always someone around to help

A SPECIAL MESSAGE FROM THE SENIOR WARDEN !

DRIVERS NEEDED: Hundreds of older and disabled neighbors in our community need help getting to doctor appointments, the grocery store, or other essential errands. Being able to get food and medical care can make it possible for them to remain in their own homes for as long as possible. **The Interfaith Volunteer Caregivers** program is in need of volunteers who can provide transportation in the local area. We especially need drivers who are available during daytime business hours — mornings and afternoons. If you have just a couple hours a month that you can give to someone in need, you can make a huge difference in the life of a struggling neighbor. You tell us what days, times and areas are convenient for you, and we call you with specific appointments that meet these criteria. If you are free, say yes. If you're not, simply decline and we will call you another time. Even one more ride a year will make a big difference to the person who needs it! Please call our office today at (586) 757-5551. [Learn more about our work at www.ivcinfo.org.]

TRINITY "OUTREACH PROGRAMS



WOUNDED WARRIORS:

The little church, sitting on the credenza, at the back of the church, is for donations to **{Honor America's Heroes}**. The maimed and disabled **Vets** whose lives and the lives of their & families, were changed forever, because of their love for America. All donations go directly to the **V.F.W. Wounded Warrior Program**. God Blessed America, when he gave us these men and women. Please **don't forget them!**

SUNDAY SPECIAL OFFERINGS:

Currently on the Second and Fourth Sunday of the month we have an extra collection to benefit;

N.A.M.I

NATIONAL ALLIANCE FOR THE MENTALLY ILL.

MACOMB FOOD

Macomb County program to feed the county hungry. Donations will be divided equally between them. Thank you for supporting these worthy charities.

FATHER BOBS' FOOD PANTRY:

We are continuing to collect non-perishable food for Fr. Bobs' Food Pantry, Grace Episcopal, church, in Mt. Clemens. The need is great and the hope is we can fill the shelves. The most requested products are cereal, peanut butter and jelly, remember when you were a kid? Maybe you could bring a can good, or edible product, **(not beyond the expiration date*PLEASE*)**, or a staple, with you to church. There is a large box, in the vestibule for your donations. If you fill it, we will get a larger box.

May God Bless each and everyone of you. I know that the hungry will! We at Trinity support Fr. Bob's food kitchen **each month** by donating to them. Sometimes it isn't much, but they're grateful for any and all donations. The need is great to feed the hungry and these Christen men and woman are doing as Christ directed them and us top do. -----

Matthew 25: 31-46 - The Final Judgment Won't you consider helping the less fortunate by donating something from the need list below. Please!

What food banks need Here's a general list of items that most food banks need:

- **Healthy cereals and oatmeal**
- Bags of potatoes or apples
- Kids' snack items (juice boxes, individual applesauce's, etc.)
- Jars and/or pouches of baby food,
- Dry pasta, Jars of pasta sauce
- Canned fish and meat (salmon, tuna, ham, turkey—pop-top cans are best)
- Canned vegetables and fruit, canned beans, canned and dry soups
- Milk (fresh, canned, or powdered)
- **Peanut butter**, , Sliced bread,
- Baking mixes that require only water

**DONATION BOXES ARE LOCATED IN THE LOBBY:
IF YOU FILL THEM, WE WILL GET MORE!**

SAINT MARGARET'S "MCWARM" Clothing Collection !!!

Please donate your new or slightly used clothing, for the needy and underprivileged! All clothing, men, women and children's, are given to those who can not afford to buy them. "Saint Margaret's of Scotland" catholic church, is located on 13 mile Rd., St. Clair Shores. Open your hearts and closets, please!!!

There is a collection box is in the vestibule. All donations will be delivered weekly to "Saint Margaret's", Yours in Christ, Trinity Outreach.

ST. JUDES CHILDREN'S HOSPITAL, (Annual nation of \$238.00,12x&19.00)

SHRINERS HOSPITAL (Annual donation of \$238.00,12x&19.00)

DISCRETIONARY FUND, (used for the indigent and homeless)

SERVICES and SPECIAL EVENTS:

JULY - 2024:

Thursday - July 4th: AMERICAN INDEPENDENCE DAY. SHOW YOUR PRIDE, FLY THE FLAG!
 Sunday - July 7th: Holy Eucharist Rite II
 Sunday - July 14th: Holy Eucharist Rite II
 • Vestry Meeting after the service @ 10:30am,
 Sunday - July 21st: Morning Worship Rite I
 Sunday - July 28th: Holy Eucharist Rite II

AUGUST - 2024:

Sunday - August 4th: Holy Eucharist Rite II
 Sunday - August 11th: Holy Eucharist Rite II
 Vestry Meeting after the service @ 10:30am,
 Sunday - August 18th: Morning Prayer
 Sunday - August 26th: Holy Eucharist Rite II

*Note: These services are "Live Streamed" on You-Tube or Face book and can be accessed at any time on Sunday. **You do not have to be on-line at 900am***

GOOD TIMES: Bits & Pieces

My Dad and Driving

My dad got pulled over for speeding by the police. The officer came up to the car and said, "Sir, do you realize that you were going 20 miles over the speed limit?" To which my dad replied " Sorry, I m not used to this car yet, I just stole it". The officer looked shocked. "Yes, and I killed the owner. His body is in the trunk." The officer backs away and calls for back up. Within minutes, five(5) police cars pull up and the senior officer approaches with his gun drawn, "Step out of your vehicle!" My dad steps out and asks. "Is there a problem?" The officer replies, "My officers told me that you stole this car and killed the owner. Open your trunk!" My dad looked shocked, "Stolen'? Killed'? What?" He opens his trunk, which is empty of course, hands the officer his registration papers, and says in an exasperated tone, "I suppose that same office also told you I was speeding?"

Life's Laws:

- **Law of Random Numbers:**

If you dial a wrong number, you never get a busy signal and someone always answers.

- **Law of Variation**

If you change lines (or traffic lanes). the one you were in will always move faster than the one you are in now (works every time).

- **Law of the Bath or the Shower –**

When the body is fully immersed in water, the telephone rings.

DID YOU KNOW?

If you keep a goldfish in a dark room, it will eventually turn white.
 It took the creator of the Rubik's Cube one month to solve the cube after he created it.
 In spite of their humps, camels have straight spines.
 Brain waves can be used to power an electric train.
 Cats have over 100 vocal cords.
 Scotland has 421 words for snow.
 Bats are the only mammal that can actually fly.
 Sailors consider black cats good luck.

Reverend. Shirley McWhorter (Attending Priest)

VESTRY OFFICERS

Senior Warden - Vince Runde

Jr. Warden - Barbara Norgan

Treasurer - Cromer Ring

Vestry Clerk/Secretary - Dr.Pam Harding

COMMITTEES AND LIAISON

Worship - Jeri Anderson

Stewardship - Dale Archibald

Pastoral Care - Dr.Pam Harding

Building & Grounds Barb. Norgan

Congregation Life - Barb. Norgan

Christian Education - Roger Taylor, Sr.

Community Outreach - Annette Poterek

Evangelism & Membership - Steve Buchholz

DEADLINE FOR THE

SEPTEMBER ISSUE:

Please submit articles, and or
announcements by :

THURSDAY

August 27th, 2024 to:

rtbulldog@comcast.net

Attention Trumpet

Trinity Episcopal Church Saint Clair Shores,

is a faith community of saints and sinners. We are learning to accept that we all belong in both categories. Together we have set our hearts on living out the Good News of God's love for this world in every way we can. On Sundays we gather together to be nourished and strengthened for this mission by the Word of God and by our fellowship around the Lord's table sharing in the Most Holy Sacrament of the Altar. The study of God's Word in Sacred Scripture is important to us and we offer an additional weekday opportunity to do so, with Bible Study on Wednesday evenings from 7-8pm. Throughout the remainder of the week we rely upon this strength to enable us to make God's love a reality in our lives.



The Grace: May the grace of our Lord Jesus Christ, and the love God, and the fellowship of the Holy Spirit be with all, now and forever more. Amen



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AUGUST SPECIAL EDITION:

{ THE EPISCOPAL FAITH }

For our new members and those who may need a reminder, the Trumpet is presenting the following informative articles, explaining our procedures and customs. We certainly hope you enjoy them.

CHURCH SEASONS AND THEIR COLORS:

The Episcopal Church takes part in the ancient Christian tradition of following set forms of rhythm for our worship and for our church year. The Church uses a myriad of symbols as a way to tell our faith story. One way we recognize the different seasons in the church year is by the color of some of our altar hangings and priests' vestments.

- **ADVENT**, Our church year begins. The traditionally color is purple – which represents penitence or expectation – or blue, which represents Mary, is used as we prepare to celebrate the birth of Jesus.
- **CHRISTMAS**, is celebrated using white (or sometimes gold), which symbolizes joy, purity, and truth.
- **EPIPHANY**, is celebrated using white, but the rest of the Epiphany season is celebrated in green, representing the color of all living things and God's creation.
- **LENTEN SEASON**, starts with **Ash Wednesday** and moves back to **purple** and remains until we prepare for Easter.
- **HOLY WEEK**, begins on **Palm Sunday**, celebrated in **Red**, then **Maundy Thursday**, stays **Red**, then followed by **Good Friday**, celebrated in **Black**, **Holy Saturday** in **White** and then;
- **EASTER DAY**, and the entire **Easter season**, ending with **Pentecost**, is celebrated in **white**.
- **PENTECOST**, is celebrated in **Red**, the color of fire and blood.

The rest of the church year, after Pentecost, is celebrated in **Green**.

White is usually the color for **Baptisms, Weddings, and occasionally Funerals**. Red is used for **Feast of the Martyrs, Ordination**, and sometimes for **Conformation**. Black is usually used for **Funerals**.

CHURCH HOLIDAYS:

The Episcopal Church celebrates seven Principal Feasts every year. Can you name them? Most people can come up with **Easter and Christmas**. If you also thought of **Pentecost** or the **Epiphany**, you're probably ahead of the curve. The other three? **Ascension Day, Trinity Sunday** and **All saints Day**, of course.

Two of our Principal Feasts are always celebrated on the same date, regardless of the day of the week: **Christmas** is on December 25, and the **Epiphany** is twelve days later – in keeping with the tradition that it took the "wise men" twelve days to get to Bethlehem – on January 6. **Easter**, of course, is always on a Sunday – the first Sunday after the first full moon that falls on or after March 21(!) to be precise. **Ascension Day** comes forty days later, on a Thursday. This tradition relies on Acts 1, where we find the story of the risen Christ being whisked off to heaven on a cloud forty days after the resurrection. **Pentecost** is (50 days after Easter) is also called **Whit Sunday**. The name **Whit Sunday** derives from the custom of the newly baptized wearing white clothing. Pentecost is related to the Jewish harvest festival of **Shavout**, which commemorates the giving of the Ten Commandments. For Christians,

Pentecost commemorates the giving of the Holy Spirit to the Apostles, which is why the feast is sometimes described as **the "Birthday of the Church."** **Trinity Sunday**, one week after Pentecost, is the most recent of our Principal Feasts, universally observed only since about the 14th century.

All Saints' Day is the only one of the Principal Feasts that can be moved from a fixed date – November 1 – to the following Sunday. The earliest known references to All Saints' Day are from the 4th century. From about 610 on, it was celebrated on May 13, until Pope Gregory III dedicated a chapel in the basilica of St. Peter's to "All the Saints" on November 1 sometime in the eighth century. In our time, celebrations of All Saints' Day tend to focus on the lively connections among all God's faithful servants in all times and places, the living and the dead, the revered and the forgotten. We are the communion of saints, we are the Body of Christ! Alleluia!

Rogation Sunday

Rogation Sunday is the day when the Church has traditionally offered prayer for God's blessings on the fruits of the earth and the labors of those who produce our food. The word "rogation" is from the Latin *rogare*, "to ask." Historically, the Rogation Days (the three days before Ascension Day) were a period of fasting and abstinence, beseeching God's blessing on the crops for a bountiful harvest. There are four Rogation Days: the **Major Rogation, which falls on April 25**, and three Minor Rogations, which are celebrated on the Monday, Tuesday, and Wednesday, immediately before **Ascension Day**.

Baptisms

You might have noticed that we are intentionally celebrating Baptisms on certain Sunday's during the year. According to the Book of Common Prayer, Holy Baptism is especially appropriate at the Easter Vigil, on the Day of Pentecost, on All Saints' Day or the Sunday after All Saints' Day, and on the Feast of the Baptism of our Lord (the First Sunday after the Epiphany). These major feast days are historic and appropriate (though not the only) occasions during the year for the Church to welcome the newly baptized. Our role as a church is to welcome these new saints as we promise to help them grow into the full stature of Christ and to renew our own Baptismal Covenant.

These dates are found in the Book of Common Prayer on page 312. Additionally, baptism may be celebrated on the occasion of the visitation of a Bishop. We also add dates (usually Sundays at a regularly scheduled service) for baptism when the pastoral need arises.

Confirmations:

Confirmation is a sacramental rite in the Episcopal Church that celebrates the empowerment of the Holy Spirit as one makes a mature commitment to Christ. At the service of Confirmation, the church prays for and a bishop lays hands upon the candidate as they affirm their confession of Jesus Christ as Savior and Lord. All baptized persons who are usually in 9th grade or older and have received sufficient instruction are welcome to be confirmed.

The Altar

Many Episcopalians remember a time when the altars in most Episcopal churches were attached to the wall beyond the altar rail. The Celebrant at the Eucharist would turn to the altar and have his back – his back, never hers in those days – to the congregation during the Eucharistic Prayer and the consecration of the bread and wine.

Over the course of the last forty years or so, a great many of those altars have either been removed and pulled out away from the wall or replaced by the kind of freestanding table-like altar we use at Trinity. This was a response to the popular sentiment that the priest ought not turn his back to the people during the service; the perception was that this represented an insult to the laity and their centrality in worship. Thus developed today's widespread practice in which the clergy stand behind the altar facing the people. Unfortunately, we don't always understand our own symbolism as well as we should, and in changing our Eucharistic practice we managed to substitute one misunderstanding for another. When the Celebrant faced the wall, we thought the laity were somehow excluded; now that the Celebrant faces the people, we are sometimes inclined to think that he or she is speaking to us, rather than to God.

THE WORSHIP SERVICE:

The Eucharist:

All baptized Christians of any age or tradition are welcome to God's table. Ushers will indicate when it is time for those in your pew to step forward. At the Altar, you may stand or kneel, as you prefer. To receive the bread and wine, place your hands one on top of the other with palms up to show that you wish to receive the bread. Once you have the wafer, you may eat it or pick it up and hold it to dip, into the chalice of wine. To drink the wine from the chalice, simply gently guide the cup to your lips when offered by the chalice bearer. After the chalice has passed the person next to you, return to your pew via the side aisle. If you do not want to receive communion for any reason, please cross your arms over your chest to let the servers know and you will receive a blessing instead. If you would like communion brought to your pew, please tell an usher.

The Book of Common Prayer:

This is a black book found in your pew. It contains all the prayers and responses for the service. The page numbers needed are listed in the bulletin.

The 1982 Hymnal:

This is the red book found in your pew. It contains hymns and other music for the service. The hymn numbers are listed in your bulletin and on the board in the front of the church. Service music (such as a Kyrie, Gloria or certain prayers set to music) is also available in the front of the Hymnal. This music is listed in the bulletin with an "S" (service) before the number.

Bible: There are Bibles available in every pew – explore!

Scripture Readings during the service

Sometimes we stand, sometimes we sit, sometimes we say "Thanks be to God," and other times we say "Praise to you, Lord Christ." What's going on? Believe it or not, there is some rhyme and reason to the different ways we read and hear Scripture in church, but understanding the various customs requires a little attention to the arcane of church tradition. First, there are different customs for readings at a Eucharist and readings at other services. Second, at a Eucharist, there are special customs for readings from the four Gospels (Matthew, Mark, Luke, and John) that don't apply when Gospel readings are used at other services.

MORNING PRAYER and the EUCHARIST:

The "new" Prayer Book (1979) provides not only daily Morning and Evening Prayer but also Noonday Prayer, Comp line, and Daily Devotions for individuals and families. These services have deep roots in traditional Jewish practice which required one to recite the Shema ("Hear O Israel: the Lord your God is one God . . .") when rising in the morning and retiring at night. Subsequently, members of the early Christian Church consecrated the first and last hours of the day to prayer, and with the rise of monasticism, it became corporate in nature. After the Reformation, these offices (called Matins and Vespers in England) became regular services appointed for public worship (in addition to the Eucharist).

Although the contemporary Church finds it difficult to make a place for these services in its liturgical life, they are intended to form a devotional framework for ordinary Christians. Often they are said alone (without the presence of a priest) just the way they were in the homes of early Christians. Yet those who pray in private join a choir of Christians throughout the Anglican Communion who recite the same words at focal points in their day. This thought has often supported persons who find themselves isolated from the fellowship of other Christians.

The EUCHARISTIC PRAYERS

The word *Eucharist* means *Thanksgiving*. Each Eucharistic Prayer has a slightly different focus in its expression of gratitude. In all our Eucharistic prayers – Prayers I and II in the Rite I service (beginning on pages 333 and 340, respectively), and Prayers A, B, C, and D in the Rite II service (pages 361, 367, 369, and 372) – the subject of the prayer is "We." We proclaim, we celebrate, we ask, we pray, we give thanks, we who have been redeemed by him now bring before you these gifts, we acclaim you, holy Lord, glorious in power. The We is all the people, and the you is God. The Eucharistic prayer is voiced by the priest, but prayed by the whole congregation. The prayer goes from the people to God, not from the Celebrant to God, and certainly not from the Celebrant to the people. When the priest faced the wall, the

intention was to represent the alignment of clergy and laity in our common prayer—we were all facing the same direction. In the current practice, the intention is to represent the whole family – clergy and laity – gathered around the table, focused on the bread and wine. Either way, it's not the orientation of the clergy in relation to the laity that's important; it's the orientation of all the people toward God.

When we come to all the we's and us's in the Eucharistic Prayer, no matter what direction the priest is facing, we remember that it's *our* prayer, from us to God, a prayer that we pray, not someone else's prayer that we overhear.

RITE II A

A shorter, modern adaptation of the prayers of previous American BCP. Similar in its focus on forgiveness of sins but not as heavily penitential as Rite I. ". . . when we had fallen into sin and become subject to evil and death, you in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the god and father of all

RITE II B

Incarnational in tone. ". . . and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him you have brought us out of error into truth, out of sin into righteousness, out of death into life." Best one for use in Advent and Christmas.

RITE II C

.Like Eastern prayers it calls for much congregational response. Expresses gratitude for the whole of salvation history from Creation of "the vast expanse of interstellar space, galaxies, suns, the planets in their courses, etc." to the human race "and blessed us with memory, reason, and skill." The purpose of the incarnation is expressed in broad terms. "And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace."

RITE II D

Adapted from St. Basil. Used on solemn occasions. More Christians across the world use this prayer than any other. Best used with Baptisms and on Maundy Thursday. In the words of Lionel Mitchell, praying shapes believing. It is the burden of liturgists and worship committees to examine carefully how we are "shaping believing." The Book of Common Prayer offers rich alternatives for every season of the year.

***This completes our procedures and customs.
We sincerely hope that you have enjoyed
reading them and have a better understanding
of the Episcopal Faith***

**THERE ARE SPECIAL ANNOUNCEMENT ON THE
NEXT PAGE! YOU DON'T WANT TO MISS THEM !**

ANNOUNCEMENTS

Bring a Friend to Church Sunday!

On Sunday July 28th, we are opening our doors to all your friends, relatives, neighbors, or even the homeless, whomever you can find to bring to church. We want to fill the pews with as many new faces as possible.

There will be a special coffee hour, one that we hope will impress your guests enough to have them come back.

Trinity Church - Congregation Life

TRINITY'S 2024 BASEBALL OUTING:

This year's outing will be on Sunday August 4th. We will go to the Jimmy John Stadium (North side of Hall Road (M59) 1/2 way between Van Dyke and Mound).

The Utica Unicorns (our home team) will be playing the Eastside Diamond Hoppers (**Boooo**). The game starts at 1:05pm. The price per ticket is \$20.00, which includes: Ticket, parking and a slurpy. The seats are located behind home plate and are padded. Good seats!!

Ask anyone who has gone before, they will tell you just how much fun it is, and how much they enjoyed the fellowship. I can say this; if you don't go, you'll be missing a great time.

Please contact Barb, at (586) 291-5381, **A.S.A.P.** She has to know how many tickets to buy.

Trinity Church - Congregation Life